

UNIVERSITY OF CHITRAL

WORKPLACE HYGIENE INSPECTION OF PROFORMA

Tick the appropriate box below, add recommendation in case of negative observation: -

Itom		Conditions	Satisfactory		Not	Dogommondotions
Item			Good No		applicable	Recommendations
1.	Workplace Cleanliness	 a. Passageways, floors, doorways, exit routes, ceiling and walls are free of greasy dirt and dust b. Work tables, chairs and furniture are free of greasy dirt and dust c. Workplace documents, tools and equipment are free of greasy dirt and dust d. Cabinets, racks & storage facilities are free of greasy dirt and dust e. Concealed places, such as corners, pillars and areas under tables are cleaned up f. Tools, equipment and commonly 				
		used facilities (e.g. door knobs) are cleaned and disinfected				
2.	Free of Stagnant Water	Work environments are free of water and spillage				
		b. Drains are free from blockages				
		c. Water in vases is changed at least weekly				
		d. Potted plant holders are emptied at least weekly				
		e. There are no other sources of stagnant water (e.g. uncovered containers, wells, discarded lunch boxes and drink cans)				
		f. Larvicide is applied to water in sand traps, gully traps and drain holes				
3.	Refuse Collection	 a. All refuse is kept in rubbish bins b. Food dregs, used tissues, discarded masks are kept in rubbish bins with covers c. Rubbish bin is cleaned and 				
4	Drinking	c. Rubbish bin is cleaned and rubbish is removed everyday Drinking Water SOPs followed?				
4.	Water					
5.	Food	Food Hygiene SOPs followed?				
6.	Pest Control	a. Pest control exercises are carried out annually at leastb. Maintenance of the building				
		damaged areas and clean regularly. Eradication of rodent and insect hiding place				

Item		Conditions	Satisfactory		Not	Recommendations				
			Good	No	applicable	Recommendations				
		c. Rodent-prevention measures are								
		used. Spray insecticide in places								
		where insects and bugs are likely								
		to breed								
7.	Ventilation	a. Air in workplaces is clean and								
		fresh								
		b. Ventilation systems are cleaned								
		and maintained regularly								
8.	Personal	a. Water closets and urinals are								
	Hygiene	provided with flushing facilities								
	Facilities	b. Wash basins, water taps and liquid								
		soaps								
		are provided								
		c. Drying facilities (napkins and/or								
		hand driers) are provided								
		d. Toilet paper is provided								
		e. Rubbish bins with covers are								
		provided								
		provided								
		f. Toilets are ventilated								
		g. Air traps of U-drainage is not								
		dried								
		h. Toilets are cleaned and disinfected								
		at least daily								
9.	Workplace	a. The personal hygiene guideline								
'•	Hygiene	and in house rules are followed,								
	Information	such as wearing								
	momation	face mask								
		race mask								
		b. Promotional stickers and posters								
		are displayed, such as washing								
		hands procedures								
10	Maintenance	a. The personal hygiene guideline								
10.	&	and in house rules are followed,								
	Monitoring	such as wearing face mask								
	Monitoring	b. Suggestion channels are provided								
		(e.g. suggestion boxes, safety &								
		health committees)								
		c. Record arrangements are provided								
		(e.g. a cleaning logbook)								
		d. The workplace is inspected								
		regularly								
	<i>Note</i> :	regularly								
	For type of in) the irrelevant boxes:-								
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